

## Free Community Seminar

# Breathe Easy With Pulmonary Care

**Tuesday, October 29 from 6 to 7:30 p.m.**

Casa Colina Hospital and Centers for Healthcare, Loverso Education Center, Building 1E  
255 East Bonita Avenue (at Garey), Pomona, CA 91767

### PRESENTED BY



**Rohinder K.  
Sandhu, MD**  
Critical  
Care/Pulmonary  
Medicine



**George  
Kopiloff II,  
PT, DPT**  
Casa Colina  
Physical  
Therapist

### Topics of discussion will include:

- What is COPD and what are its symptoms?
- What is Pulmonary Fibrosis and post-Covid infection and how do they affect breathing?
- Advantages of multidisciplinary care
- Treatment options using therapy, home exercise, adaptive equipment, energy conservation, and other techniques
- Question and answer session

**People who have increased difficulty breathing due to COPD, Pulmonary Fibrosis, or post-Covid infection and their family members are encouraged to attend.**

### Three easy ways to register!

- Call 866/724-4132
- Online at [casacolina.org/communityevents](https://casacolina.org/communityevents)
- Scan the QR code

Refreshments will be served and space is limited.



[www.casacolina.org](https://www.casacolina.org) •

