



ORTHOPEDIC PHYSICAL THERAPY RESIDENCY PROGRAM CURRICULUM AND FACULTY

Casa Colina started an orthopedic residency program in January of 2008. We currently have a resident enrolled in the program and have applied for accreditation. We will be enrolling one or two residents for 2009. Program starts the first week of January and ends at the end of December.

Curriculum

- 850 hours of clinical practice (17 hours per week)
- 150 hours of one to one mentoring (3 hours per week)
- 240 hours of didactic/lab instruction (Joe Godges Kaiser Residency Course)
- 260 hours of resident directed learning activities

The content of the didactic/lab and clinical practice in this residency encompass the following areas:

- Clinical Reasoning
- Lower Quadrant Physical Examination and Manual Treatment Procedures
- Lower Quadrant Biomechanical Examination and Treatment
- Clinical Research
- Interviewing and Communication Skills
- Upper Quadrant Physical Examination and Manual Treatment Procedures
- Upper Quadrant Biomechanical Examination and Treatment
- Scientific Basis of Orthopedic PT Clinical Practice

Casa Colina Orthopedic Residency Faculty:

Program Directors

Stephanie Kaplan, PT, DPT, ATP

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Phil Putignano, PT, DPT, OCS

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Mentors

Phil Putignano, PT, DPT, OCS, Patty Roney, PT, OCS, Barb Johannsen, PT, OCS, ATC

For more information, please contact one of the program directors listed above.