

STORIES OF TRIUMPH AND PROGRESS FROM CASA COLINA CENTERS FOR REHABILITATION

Keystone

2009

Life After a Traumatic Brain Injury

In this issue

Tapping into the autistic mind

Soldier goes the distance

Tribute to Courage and Valor

Casa Colina Azusa Center opening Fall 2008



CENTERS FOR REHABILITATION

Words of Thanks

When I see the truly remarkable work the Casa Colina staff does to help people get on with their lives after injuries or illnesses, it reaffirms my personal commitment to serve on the Board of Directors and do all that I can to make this organization grow and flourish.

My fellow members of the Board and I pursue this work in the knowledge that, although we have been remarkably successful in this last decade at Casa Colina, there are tremendous challenges not only in making sure that each patient gets the most appropriate care, but also challenges to the idea that people who need medical rehabilitation should be able to get it. We know that the number of people in the United States entering their older years is growing and that these people will need more rehabilitation services, rather than less, added on to the needs of the younger population. Yet the number of inpatient rehabilitation facilities in the United States has actually declined – from 1,231 facilities in 2005 to 1,202 in 2007.

While there may be many factors involved in this decline, the substitution of lower-priced skilled nursing care as a replacement for inpatient acute rehabilitation services is an important driver of this trend. And, when medically appropriate, these skilled nursing facilities serve a worthy purpose. However, the Board of Casa Colina is committed to the idea that when medical necessity requires inpatient rehabilitation as decided by a physician, the opportunity remains available.

Casa Colina's extraordinary staff provides that opportunity. With your continued support, we will maintain the excellence of the services we provide and meet the challenges of the coming years.



Samuel P. Crowe, Esq.
Chairman, Board of Directors, Casa Colina, Inc.

Casa Colina today is a uniquely healthy and effective healthcare organization that strives for perfection with each patient we treat. Through a broad range of clinical programs overseen by physicians, we serve more than 9,000 people a year – 47% more than five years ago. We have also maintained our financial stability and continue to grow by adapting to the changing needs in the community. The leadership of our



professional staff ensures that the newest treatments are a part of our everyday practice, while their involvement in regional and national organizations helps shape the future of rehabilitation.

But what does this mean to our patients? There is an even stronger commitment to make the best decisions and deliver the most effective treatment to each person, one by one. Our commitment to the needs of individuals is rewarded by their progress, whether the person is a grandfather with a stroke, a child with autism, or a wounded soldier with a traumatic brain injury recently returned from Iraq. It is a privilege to work with these patients as they reshape their lives. And it is humbling to know that the thousands of physicians who refer patients to Casa Colina, and the patients and families themselves, put their lives and futures in our hands. We are truly dedicated to being worthy of that trust.

We would not be able to do any of this without the support and understanding of our mission that you, the members of this community, have shown over so many years. On behalf of all those people that you allow us the honor of serving, please accept our deep appreciation and thanks.



Felice L. Loverso, Ph.D.
President & CEO, Casa Colina, Inc.

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Medical and Rehabilitation Services of Casa Colina

Hospital-based programs for the treatment of conditions that include

- ◆ Amputation
- ◆ Arthritis
- ◆ Audiology & Hearing Disorders
- ◆ Autism Spectrum Related Disorders
- ◆ Brain Injury
- ◆ Burns
- ◆ Congenital Deformity
- ◆ Developmental Delay
- ◆ Fibromyalgia
- ◆ Geriatric Assessment
- ◆ Hand Injury
- ◆ Headaches
- ◆ Infectious Disease
- ◆ Lymphedema
- ◆ Movement Disorders
- ◆ Multiple Sclerosis
- ◆ Multiple Trauma
- ◆ Neurological Disease
- ◆ Orthopedic Injury
- ◆ Osteoporosis
- ◆ Pain
- ◆ Parkinson's Disease
- ◆ Plastic & Reconstructive Surgery
- ◆ Podiatry
- ◆ Pulmonary Disease
- ◆ Sleep Disorders
- ◆ Spasticity
- ◆ Spinal Cord Injury
- ◆ Sports Injury
- ◆ Stroke
- ◆ Urinary Dysfunction
- ◆ Vestibular & Balance Disorders
- ◆ Work-related Injury
- ◆ Wounds

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IN MEMORIAM

Casa Colina extends its warmest thoughts and condolences to the families and friends of these cherished supporters who passed away in the last year. Their efforts as Board members, donors, volunteers, or participants in development helped make Casa Colina what it is today. Their spirit, community involvement, and compassion for the needs of others will be remembered as a tribute to their lives and an example for us all.

Eugene Bello	Richard Feddersen	Dean Henning	Edward Sexton
Burdette Boileau	Jack Firestone	Elfrieda Nardulli	Jacob Zeidman
Joe Borba	Jack Goodfellow		



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Breaking the Silence.

When Jennifer Maglio's 16-month old son, Cameron, acted differently than most toddlers, she didn't suspect anything was seriously wrong. On a beautiful autumn day at the park in Claremont, a friend mustered up the courage to say something to her. "Jen, you might have him tested for autism," she said.

Cameron displayed many of the classic signs of autism, a condition that affects one out of 150 children. He wouldn't make eye contact with anyone. He had no interest in the other kids. He was not talking yet. He didn't play with toys appropriately. Instead, he would spin things and flap his arms. Three days later, on November 18, 2002, she read a newspaper article in the *Inland Valley Daily Bulletin* about an autistic child who received treatment at Casa Colina Children's Services.

Cameron's first pediatrician didn't pick up on his condition during his examination. This doctor noticed Cameron glance up at him briefly as he entered the room. The doctor said, "Boys do funny things. Boys talk late. And he did make eye contact. I don't think he has autism." Meanwhile, Cameron sat in the middle of the floor, spinning a bowl



The Maglio Family – Mike, Jennifer, Cameron and big sister, McKenna at the Casa Colina Children's Services playground.

and flapping his hands. Jennifer admitted, "I was really excited and relieved until I got home and my husband still had doubts. He said, 'Jen, come on. You know that doesn't sound right.' I didn't want to think that my child was disabled, but we knew we had to get a second opinion." The next pediatrician was very thorough in his questions and note taking, and referred the Maglios to the State Regional Center for further evaluation.

The Maglio parents did the right thing. Director of Casa Colina Children's Services, Cindy Sendor, MA, CCC-SLP, encourages families to go by their feelings. "Parents usually have a pretty good sense if something is not right," she said reassuringly. "If they think their pediatrician hasn't picked up on something and their child's development is not right, they should be proactive about getting a second opinion."

On January 21, 2003, the family got a third opinion at the San Gabriel/Pomona Regional Center. "This was an extensive 2-1/2 hour evaluation that involved interviewing us as well as examining Cameron," Jennifer recounted. "There was a psychologist and a speech pathologist who observed him, tested him and talked with us." When they were through with their assessment, the Maglio's worst fears had been confirmed.

The next day, Cameron's father, Mike, knocked on the door of Casa Colina Children's Services. "I need to get my son treatment," he said.

Casa Colina's approach to autism.

Casa Colina's unique approach to treating autism was developed by Dr. Margaret Bauman, a world-

renowned neurologist and authority on autism from Boston's Massachusetts General Hospital, who sees children at Casa Colina every other month. In her own research, she realized that there is truly something different in the brain that causes autism. It is not psychological. It is not caused by vaccinations either, although some

parents disagree. "It may seem like vaccines are the cause to some parents because that's around the time that the symptoms of autism appear. They don't become apparent at birth. It takes a while for certain cognitive and motor functions of the brain to come online, such as walking and language development. The symptoms become more evident around the same time lots of kids are getting their shots," she explained.

"There's interesting new research out of Harvard that may indicate that some genes of autistic children are silent, but experience and early intervention can turn these genes on," Dr. Bauman continued. "This would explain what we've thought all along – kids do much better when they have early intervention because it can jumpstart these genes."

As a pioneer in her field, Dr. Bauman developed

Connecting with Cameron.



Casa Colina's S.T.A.R.T. (Specialized Team of Autism Related Therapies) Program, one of the first in the country to help infants and toddlers up to three years of age who have been diagnosed with autism. In this early intervention program, children work individually and in groups with their parents and therapists, rotating through a series of therapeutic activities. Speech language pathologists, occupational therapists, and specialized child-therapy instructors teach these important therapy sessions. This is how they learn motor development, sensory skills, communication, play and self-help.

Once children reach the age of three, they transition to the local public school system. At Casa Colina, they can continue to receive individualized occupational, physical or speech/language therapies designed to improve their social, sensory-motor, play,

Cameron was only 22-months old when he joined the S.T.A.R.T. program. "This is a kid who used to hug the wall. He wasn't interested in being in the room," Jennifer recalled. "They taught him how to play with toys appropriately and how to take turns. He made amazing breakthroughs here. And that's why we're still here," she added.

Tools he can use to talk.

When Cameron first arrived at Casa Colina, he had no way to communicate. He would often bite, whine, and have tantrums.

"Many autistic children have something else going on as well," reports Cindy Sendor. Cameron, for instance, has developmental apraxia of speech. He has difficulty coordinating his lips, his tongue and his breathing, which makes it very difficult for him to

Cameron's apraxia of speech continues to be a challenge for him; however, he will still be able to express himself through a variety of devices as he grows.

Now at age seven, Cameron uses a GoTalk 20, which has 20 different icons or pictures on a board. He can press a button and activate recorded speech. The GoTalk 20 has five different levels for a choice of 100 words or expressions: he has a template for school, a template for therapy, a template for community, and two educational templates. "Those can be changed if needed to help him communicate better in different environments," Cindy explained. Indeed it does. Cameron takes his GoTalk with him everywhere and uses it appropriately to communicate with others. "Cameron finally has a voice!" said Jennifer.

The goal is to help him communicate a phrase or a sentence. Eventually, he will move up to a more

How he learns.

Though Cameron has autism, he devotes as much time to learning as a scholar. This little guy has carried a 40-hour week since he was three years old.

A week in the life of Cameron consists of 20 to 25 hours a week at school, plus 10 to 15 hours a week of behavioral, speech and occupational therapy.

In a local public elementary school, he's learning how to read and write in a special education classroom with eight other autistic children. At Casa Colina, he's learning how to engage in socially stimulating situations, play, and to communicate with others. And at home, he plays with his big sister, McKenna, in the backyard – in the pool, on the swing and the trampoline. He rides a tricycle with mom as they walk the dog.

"As a parent of an autistic child, I've become so

communication, adaptation, and cognitive skills. Additionally, Casa Colina's specialized social skills programs (Summer Day Camp, Kid's Crew and Teen Scene) are in place for continued social-communicative development from four to 15 years of age.

Additionally, many children on the autism spectrum between the ages of six and 14 may participate in Casa Colina's After School Activities Program (A.S.A.P.) where they are encouraged to develop real friendships with other autistic children while participating in recreational, structured activities that include games, sports and crafts. A.S.A.P. is a collaborative social-recreation program facilitated by Casa Colina's Outdoor Adventures program and Children's Services.

"We feel strongly about educating the parents and caregivers," Cindy Sendor stated. Which is why Children's Services has a family specialist and neuropsychologist available to help parents address difficult behaviors. The team also helps parents understand their autistic child's complex needs through individual and group sessions.

speaking. "It's a bit like when you know a person's name. It's on the tip of your tongue, but you just can't get the words out," she explained.

Cameron's frustration stopped after he quickly learned how to use the Picture Exchange Communication System (PECS), which was developed for autistic children. This tool is made up of little picture cards attached to strips of Velcro. One card might say "I want" and another card might say "orange juice."

In order to get through to Cameron, an occupational therapist and a speech pathologist worked with him at the same time. Sometimes it took a lot of creativity to help him relax and focus better. They discovered that when he was moving – swinging, climbing, or jumping – he could make better eye contact with the speech pathologist and comprehend more.

"Casa Colina taught him how to communicate with me," Jennifer recalled. "So much better than flapping, screaming, running around and biting because he couldn't tell me what he wanted."

dynamic augmentative communication device, such as the DynaVox System, which will enable him to be more conversational, while building his vocabulary and literacy skills. This will enable him to communicate more freely with a wider selection of pictures and icons.

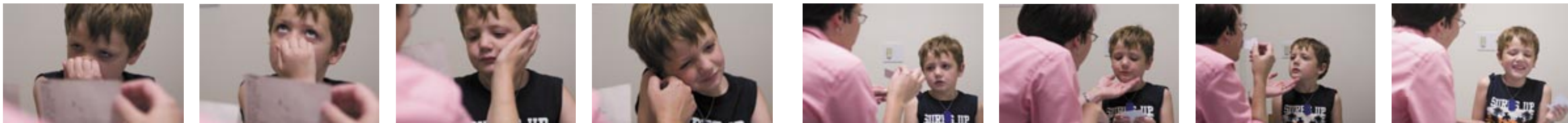
He has already shown that he is capable of reading. And like many kids, he enjoys spending his free time in front of the computer with his dad. "He'll take my hand and put it on the mouse and put his hand on top of mine. So we have both hands on the mouse, but he's operating it," Mike explained. "He made that up himself. It wasn't something that I taught him. It's his way of saying, 'I wanna play a game with you.' That's pretty special."

His mom is also very hopeful. "I don't know if he'll ever speak to me. But I do picture him typing. Because he's really good on a computer," Jennifer explained. "I know he can communicate with me in the ways that he can now. So if we can open that door, I think he's got a lot to say – however he can say it."

sensitive to the littlest things that you expect a typical child to understand. Because when your atypical child does something new, it's such a victory," she explained with a smile, "Like riding a tricycle at age seven. This was a huge gain! He was maneuvering the corners. He was watching that he didn't fall off the sidewalk. And those are things that tell me he's aware of his surroundings."

Indeed, he is a child who pays attention. But he tends to keep his knowledge closely held to his chest like a good poker hand until he's ready to show it off to his parents, teachers and therapists. They can't help but marvel at how things suddenly seem to click for him.

"One day we realized completely by accident that he could read," Cindy recalled. "In a speech therapy session, the computer was supposed to repeat the words on the screen, but for some reason the audio didn't work for a moment. Cameron was able to identify the target picture using only the printed word on the screen and he was 90% accurate. It wasn't just random or memorized."



Cameron's family has done everything and anything to help him grow. And that includes taking him to crowded places to help de-sensitize him to his



surroundings. His parents realized that the more they sheltered him from things, the more he was uncomfortable with getting out in public. "Now we take him to Wal-Mart and every loud busy store we can find," Jennifer explained

with a chuckle. "I've been diligent about educating others around me. Usually there's somebody either ahead of me or behind me in the grocery store that learns something about autism that they didn't know before. It's my mission." It's also the mission of everyone at Casa Colina.



Cameron's early intervention at age 2 included speech therapy sessions at Casa Colina's Early Start program.



Occupational therapy at Casa Colina's START program – age 3.



Cameron, age 7, now works with language-based computer games during speech therapy at Casa Colina.



This 7-year old's progress continues with occupational therapy at Casa Colina.

What are the signs of autism?

- ◆ A delay in speech
- ◆ Poor eye contact
- ◆ Lack of desire to interact with others outside of his or her family
- ◆ A tendency to become upset or overstimulated in public
- ◆ Odd or repetitive behavior with toys
- ◆ Lack of ability to focus on the same object with another person

Early intervention is the key

If you are concerned that your child may have autism, it's important to get a professional evaluation by a physician specialist or psychologist as soon as possible. You may also make an appointment with Casa Colina's Children's Services by calling 909/596-7733, ext. 4200. Or you may request "an intake" at a nearby Regional Center.

The following Southern California Regional Centers refer young autistic children to Casa Colina's Children's Services for its early intervention programs, education, and therapy:

Eastern Los Angeles Regional Center, Alhambra
626/299-4700

Frank D. Lanterman Regional Center, Los Angeles
213/383-1300

Inland Regional Center, San Bernardino
909/890-3000

San Gabriel / Pomona Regional Center, Pomona
909/620-7722

Westside Regional Center, Culver City
310/258-4000



Branching Out from Pomona to Azusa

In recent years, Casa Colina was focused on the renovation and expansion of its 20-acre campus in Pomona. Today, it is a gem – a place where people of all ages can find world-class medical and rehabilitation care in an ideal setting.

Everyone deserves to be treated this way. That was the thinking when Casa Colina's Board of Directors made the decision to branch out to other locations. The Casa Colina Azusa Center is the first of many satellite facilities planned in the future. "It's the care San Gabriel Valley



residents would expect to find right here at our Pomona campus, but without the drive," said Dr. Felice Loverso, CEO and President of Casa Colina Centers for Rehabilitation.

The Casa Colina Azusa Center, located at 910 East Alostia Avenue in Azusa, is scheduled to open this Fall 2008. With more than 6,000 square feet, this new medical and rehabilitation center offers private treatment and examination rooms, plus a gym with state-of-the-art exercise equipment.

What makes this facility truly stand out is its team of rehabilitation professionals who are ready to help individuals develop new strengths, overcome a disability, prevent illnesses and injuries, and thoroughly enjoy a healthy lifestyle.

Just like its sister facilities in Pomona, the Casa Colina Azusa Center will offer a number of specialized services, including physical therapy and occupational therapy for orthopedic and neurological conditions, osteoporosis prevention and treatment using Power Plate® vibration technology to build bone mineral density quickly, sports medicine rehabilitation also using Power Plate training to recruit more muscle fiber during athletic exercise, sports evaluation and performance improvement, senior fitness, and personal fitness for adults with or without pre-existing injuries. The center will also offer certified hand therapy including splinting and serial casting to cope with injuries and chronic conditions.

In addition, the Casa Colina Azusa Center will have physician specialty clinics that provide coordinated outpatient medical care and rehabilitative treatment for sports injuries, arthritis, stroke, movement disorders, fibromyalgia and more. And if individuals require other types of specialized care, they may easily access Casa Colina in Pomona. The goal is to make obtaining quality medical and rehabilitation care as convenient as possible for everyone who needs it.

Physician specialists set standard of care

POMONA CAMPUS

Arthritis & Fibromyalgia

Antony Hou, M.D.; Thang Le, M.D.

EMG – Shashank Arya, M.D.;

David Patterson, M.D.

Foot & Ankle – Michelle Ward, M.D.

Hand – James Lilley, M.D.

Headache & Stroke – Faisal Qazi, D.O.

Infectious Disease – Dan Gluckstein, M.D.;

Kerry Gott, M.D.; Luong (Mike)

Ly, M.D.; John Mourani, M.D.

Kidney Disease & Hypertension

Michael Bien, M.D.

Neurology – Sleep Disorders,

Movement Disorders, Parkinson's Disease

& Multiple Sclerosis – Richard Shubin, M.D.;

Faisal Qazi, D.O.; Jerome Lisk, M.D.

Neuro-Orthopedics & Pain

Vincent M. Fortanasce, M.D.

Pain Management

John Sasaki, M.D.; Carlos Martinez, D.O.

Physical Medicine & Rehabilitation

Shashank Arya, M.D.; Yong Il (Luke) Lee, M.D.;

David Patterson, M.D.; Dana Landavazo, PA-C

Plastic & Reconstructive Surgery

Devdas Wali, M.D.

Podiatry – Think Le, D.P.M.

Pulmonary Rehabilitation

Joseph Hourany, M.D.;

Rohinder K. Sandhu, M.D.

Sports Medicine – Christopher Chalian, M.D.;

Michael Marger, M.D.

Vestibular & Balance Disorders

Tyson Shih, M.D.

Wound Care & Hyperbaric Medicine

Kerry Gott, M.D.

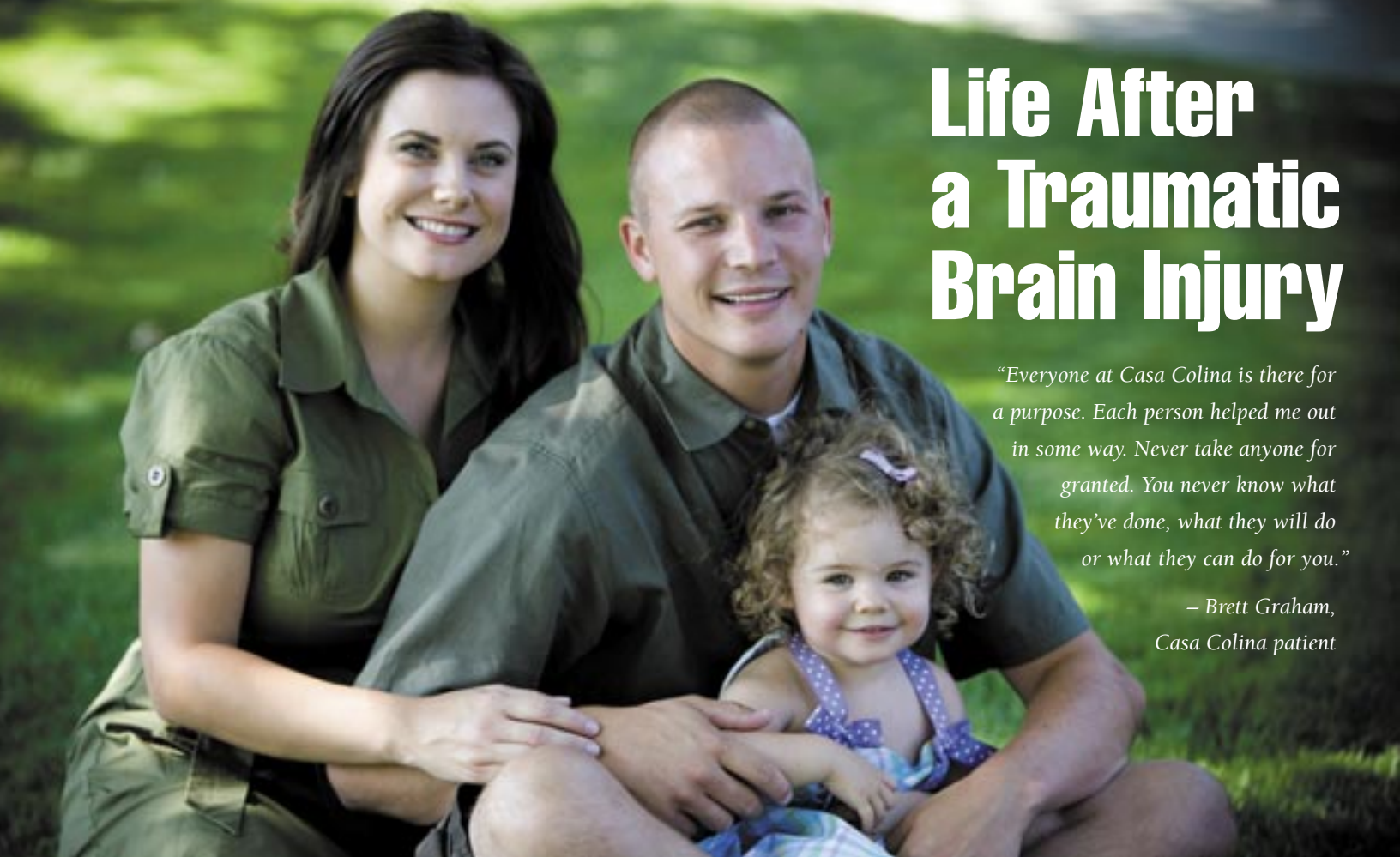
AZUSA CENTER (Opening Fall 2008)

Orthopedics & Sports Medicine

Tom Bryan, M.D.

Neurology

Arthur An, M.D.



Life After a Traumatic Brain Injury

“Everyone at Casa Colina is there for a purpose. Each person helped me out in some way. Never take anyone for granted. You never know what they’ve done, what they will do or what they can do for you.”

– Brett Graham, Casa Colina patient

One moment, Brett Graham was snowboarding and showing off for his older brother. The next, he lay close to lifeless at the Mountain High Ski Resort. The blunt force of his fall from a 20-foot jump left him nearly brain dead on a December morning in 2000. As a young 19-year old, his life was full of promise. Yet for three agonizing weeks, his life hung in the balance.

When Brett arrived at Casa Colina, he couldn’t sit up in bed, walk, or talk. He remained in and out of a coma during his first few days. It was unclear if he would ever recover from his traumatic brain injury (TBI).

He had to learn how to do everything all over again.

Fortunately, he was in the right place to do just that – he was in the nationally renowned Casa Colina Hospital. Its innovative, physician-directed inpatient rehabilitation relies on proven clinical pathways to help patients recover from a traumatic brain injury.



Top: Brett lapsed in and out of a coma his first month at Casa Colina.



Bottom: Taking his first steps after a TBI in acute rehabilitation.

Making the most of each phase of recovery.

It is a team effort to help individuals like Brett regain their motor and cognition skills. A board-certified physician, who specializes in physical medicine and rehabilitation, oversees a comprehensive team of brain injury specialists. Together, they work closely with referring doctors, patients and their families to foster as much progress for the patient as possible.

Communication is the key to yielding optimal rehabilitation results. So every week, the clinical team holds conferences to discuss each patient. Casa Colina’s acute rehabilitation care provides the intensive therapy and medical treatment they need to help return to the highest level of function. It includes three hours of therapy a minimum of five days a week, plus round-the-clock access to on-site doctors and licensed nurses.

Then, when brain injury patients are ready to be discharged from the inpatient hospital, they may continue their progress through Casa Colina’s continuum of care. The Casa Colina’s Brain Injury Program has many other rehabilitation services available on Casa Colina’s 20-acre medical and rehabilitation campus – all of which are tailored to the patient’s individual needs.

For those who are not ready to return to their home and community, there is the Casa Colina Transitional



Top: Physicians regularly meet with clinical team members to discuss patient progress.

Middle: Physical therapy in the inpatient gym.

Bottom: Brett pictured with dad, Gary, and mom, Debbie, at the Transitional Living Center.

Living Center which offers post-acute care in a homelike setting as either a residential or day treatment program. At TLC, patients benefit from up to six hours of individual and group therapy, six days a week.

Others may require long-term care through Casa Colina at Rancho Piño Verde or Casa Colina at Apple Valley residential centers. Here, individuals may continue to work on their functional independence and personal growth.

Oftentimes, brain injury patients find it helpful to continue their therapy through Casa Colina’s Outpatient Center. Here they may continue to receive care from physicians and licensed therapists and access a variety of innovative services to help overcome disabilities and maintain a rewarding lifestyle.

Celebrating Brett’s progress.

Brett made such remarkable improvement in his first year of rehabilitation that he was honored at Casa Colina’s Tribute to Courage event. When he received this award at the formal dinner, he had the opportunity to thank his family, doctors, and therapists. In fact, he also had the chance to show off what great strides he made with his therapies by bending down on one knee and proposing to his girlfriend, Robin, in front of more than 400 guests. She said, “Yes!” And there wasn’t a dry eye in the entire ballroom.



The man he is today.

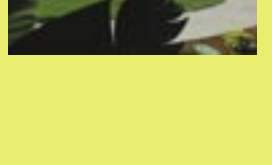
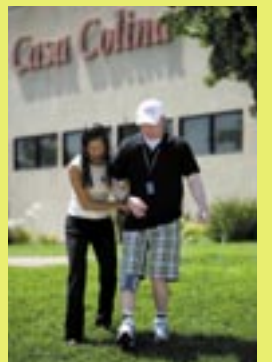
Eight years after his accident, Brett Graham is living his life to the fullest. He married Robin, and they now have a two-year old daughter. Brett works for the City of Pomona as a vehicle code enforcement officer.

He continues to work on his short-term memory by writing things down or recording notes on his phone. And he works on his balance and strengthening his left arm by going to the gym five times a week.

Casa Colina’s Brain Injury Program

How do you help someone who has suffered from a traumatic brain injury? You offer them anything that might help them regain their cognition or adapt to the changes in the way their brain functions. This is why Casa Colina offers such a wide range of equipment and services to its patients with traumatic brain injuries, including:

- ◆ Inpatient, post-acute, outpatient and residential care
- ◆ Physicians and licensed nurses
- ◆ Physical, occupational and speech therapy
- ◆ Neuropsychology
- ◆ Physician specialty centers
- ◆ Diagnostic imaging and laboratory services
- ◆ Indoor and outdoor therapy gymnasiums
- ◆ Bioness™ technology for patients with “foot drop”
- ◆ Aquatic therapy
- ◆ NeuroCom® vestibular and balance technology
- ◆ Adaptive driving
- ◆ Audiology
- ◆ Wheelchair and seating evaluation
- ◆ Education and support groups for patients and families
- ◆ Outdoor recreation program
- ◆ Outpatient surgery



Soldier Goes the Distance



First Lieutenant Raymond Fleig was serving in Iraq in July 2007, when a rocket exploded 15 feet away from him. A piece of shrapnel pierced his right eye and brain, causing blindness and severe brain damage. He was also left legally blind in his left eye.

Upon his return to the U.S., he received acute medical-surgical care at the National Naval Medical Center and the Tampa VA Hospital. He came to Casa Colina Hospital in October 2007, with his wife Tiffany and infant daughter Alli. He has made tremendous progress with his rehabilitation ever since.

The term “soldier on” is defined as “persisting steadfastly in one’s work; to persevere.” Raymond soldiered on. He worked tirelessly on his balance, depth perception, and even his fitness.

And Casa Colina helped him find a way to pursue his dream to participate in a 5K run in Laguna Hills on Memorial Day. Fleig’s neuropsychologist, Kelli McSwan, Ph.D., and physical therapist, Soworwon Nyirady, not only helped him prepare for the Memorial Day 5K – they also ran it with him.

“I wanted to do this because I want to inspire people to continue working through their problems or disabilities,” First Lieutenant Fleig explained. I wanted to honor all of the soldiers and inspire them to know that even though they are injured, they can still continue on. I also wanted to honor the fallen soldiers.” In the process, he honored everyone at Casa Colina.



Left to right: Sarah Cerney, Speech Pathology Clinical Fellow at the Transitional Living Center; Physical therapist, Soworwon Nyirady; Neuropsychologist, Kelli McSwan, Ph.D.; 1st Lt. Raymond Fleig; wife Tiffany Fleig.

Outdoor Adventures Gets Everyone in the Game.

Vanessa Sapien was a spunky five-year old girl with spina bifida who raced around the tennis court in a wheelchair, hitting balls as hard as she could. At the



age of eight, she learned to jet ski at Casa Colina’s Land Meets Sea Sports Camp. She fondly recalls a childhood filled with activities

like over-the-line softball, rugby, and basketball. And on her 18th birthday, she went skydiving. All of these adventures were made possible by Casa Colina’s Outdoor Adventures program.



This life-changing program is one of only a few in the country to offer children and adults with physical and cognitive disabilities the chance to discover what is possible through a wide variety of therapeutic recreation activities, outdoor programs and trips.

This program was the vision of Anne Morash Johnson, founder and director of Outdoor Adventures. She pioneered this program nearly 25 years ago with a single weekend camping trip. It has since flourished, offering nearly 135 days of incredible adventures and 40 days of after-school activities each year. The program is made affordable to nearly 800 people who have more than 1,400 adventures annually thanks to the support of the Casa Colina Foundation.

As a result, thousands of individuals have been empowered to explore new activities and acquire new skills. They have felt the joy of making new friends of all abilities and being a part of an adventurous outdoor community. Outdoor Adventures focuses on each individual’s abilities, rather than disabilities.

“I was really depressed when I thought I’d have to spend the rest of my life in a wheelchair,” recalled Roxanne Ojeda when she lost the use of her leg at age 30. Then she went to a Land Meets Sea Camp. “I did not want to go, but some of my friends encouraged me to participate. It made me feel alive again. It totally made me feel like my life was worth living,” she explained.

It can be intimidating to try new activities when you’re physically challenged, but the Outdoor Adventures staff knows how to make people feel at ease. Its team of Certified Therapeutic Recreation Specialists and Wilderness First Responders has the therapeutic expertise required to assure the highest level of safety on every trip.

And what happened to that spunky five-year old girl? As soon as she was old enough, Vanessa became a Casa Colina volunteer at its Land Meets Sea Sports Camp. Today, she is a grown woman, determined to receive her doctorate in psychology. She wants to be a counselor to help others who are physically challenged. Vanessa said, “Disability is only a state of mind. That’s one thing that Casa Colina has definitely taught me.” She continued, “I may be in a wheelchair, but my possibilities are endless. That’s what they’ve always told me. And that’s the gift that I want to give other people.”



Left to right: OA staffers Anne Johnson and Jennifer Bartel pictured with program volunteers Will Wyles, Bruce Hoxsey, Christian Lorentzson, and Kurt Allan.

Not pictured: OA staffer John Lee, II



Casa Colina Hospital

Excelling with Signature Programs

Casa Colina Hospital continues to expand its continuum of specialized services for stroke, traumatic brain injury, spinal cord injury and orthopedic patients. Further development has been underway for these four signature programs based on proven clinical pathways and the ability to seamlessly transition a patient from the inpatient hospital to other Casa Colina services to achieve the highest level of independence and quickest recovery possible. These individuals may be referred to other services appropriate for their condition, such as the Transitional Living or Outpatient Services. All are located on Casa Colina’s 20-acre Pomona campus.

Currently, the signature programs for stroke and traumatic brain injury have been implemented with much success and favorable outcomes. The orthopedic injury and disease as well as spinal cord injury clinical pathways are under final development and review and are scheduled for implementation early 2009.

Other hospital news includes Casa Colina’s speech team, which has joined San Antonio Community Hospital (SACH) in Upland to provide inpatient and outpatient speech/language pathology services. Patient care is provided at SACH seven days a week.

Casa Colina Hospital is a fully licensed, Joint Commission accredited 68-bed facility that serves individuals who can benefit from the intensive rehabilitation program of three hours or more of therapy a day, five days or more a week.

Continued on page 22

Dear Friends of Casa Colina,

It is certainly my privilege and honor to communicate with you as a member of the Casa Colina team. It is estimated that since the beginning of Casa Colina in 1936, we have provided services to 186,600 patients. At the present rate that figure will double in less than 15 years. We will help more than a quarter million people take on the challenges of sports, work, and optimal living after an injury or illness. The Foundation is the vehicle through which you



can help ensure that Casa Colina is able to meet these future needs, while safeguarding our immediate primary focus: patient care.

So, it is with great enthusiasm that we welcome you to our

fundraising events. We invite your direct donations. And we offer assistance in making decisions about tax and estate planning. Your support in the past has helped Casa Colina become a landmark facility. It makes it possible for us to continue providing the best opportunity for every patient, even when there is no other means of payment. Even more, your support now means that Casa Colina will continue into the future with better interventions for autism, spinal cord injuries, stroke and the many other disabling conditions we treat.

Your support is so appreciated. It has been the bedrock of our ability to exist as a non-profit, independent organization. We look forward to a future where your support will help to ensure that effective care is accessible to more people. On behalf of the Foundation's Board and all the people whose lives are improved because of Casa Colina, we sincerely thank you.

Robb Quincey

Robb Quincey, Ph.D.
Chairman, Board of Directors
Casa Colina Centers for Rehabilitation Foundation

Many Ways to Support Casa Colina

We are proud to announce that you may now donate to Casa Colina directly online and register for many of our exciting events! Hundreds of donors have already taken advantage of this convenient way to support the rehabilitation care we provide for more than 9,000 people a year.



You'll see a link to our Foundation area of Casa Colina's website listed when you visit www.casacolina.org. This is where you may also find information about upcoming events. Of course, you may still phone or fax us, or even come by to meet us at the Foundation offices to make a donation or register for an event. You may also use the convenient envelope in the centerfold of this magazine.

We've also created many different giving opportunities to make it easier for you to support the work and growth of Casa Colina, including the following options:

- ◆ **Naming Opportunities** enable you to honor or memorialize a loved one by establishing a philanthropic fund or by dedicating a room, facility, outdoor courtyard, medical equipment or outdoor sitting bench in his or her name.
- ◆ **Memorials and Honorariums** give you the chance to remember or celebrate a physician, nurse, therapist, friend, or loved one by making a special gift in his or her name.
- ◆ **Buy-a-Brick Program** supports the Capital Fund by offering personalized, engraved bricks for you, or your loved ones, that will be placed on campus next to our park walkway.
- ◆ **Annual Giving** can be set up through an outright gift using cash, check, credit card, or by making a pledge for a specific period of time. You may also donate marketable securities directly to the Casa Colina Foundation.
- ◆ **Planned Giving** with future gifts that may include bequests, life-income gifts, trusts or annuities, life insurance, and real estate.
- ◆ **Special Events** through sponsorship and/or attendance.
- ◆ **Frances Eleanor Smith Circle of Giving** with an easy payroll deduction plan for employees or scheduled credit card payments for non-employees. Your gifts support Casa Colina's free-care fund to help patients who cannot afford to pay for much needed services.

Your generous philanthropic support helps fulfill Casa Colina's mission of caring for patients now and in the coming decades.

Wounded Warrior Fund a Great Cause

Casa Colina has been privileged to have more than 30 armed service members as patients in recent years. Most of these soldiers suffered traumatic brain injuries while in Iraq and Afghanistan. Casa Colina's Board made a commitment to provide them with all beneficial services, regardless of whether Casa Colina is reimbursed. The response to the Wounded Warriors Fund, created to help pay for many uncompensated services, has been outstanding.

The Bob Woodruff Family Foundation has made a grant of \$100,000 to help pay these unreimbursed expenses. The Pomona Rotary dedicated its Annual Art Auction in 2008 to this cause and donated \$48,765, of which \$5,000 was a grant from the Majestic Realty Foundation. And the Timothy C. McWilliams, Jr. Foundation made two \$25,000 grants: The first grant will help pay housing expenses for families from out-of-state while their loved ones receive rehabilitation at Casa Colina, and the second grant has provided equipment to evaluate and train patients using augmentative communication devices.

Casa Colina thanks these organizations and all the people who have contributed to this wonderful cause. Their generosity allowed us to bring the maximum benefits of rehabilitation to these courageous people who have risked their lives to fight for our country.



Left to right:
Sam Crowe, Chairman of the Board, Casa Colina, Inc., with 1st Lt. Raymond Fleig; wife Tiffany Fleig; Bob Woodruff, ABC News Correspondent; and Felice Loverso, Ph.D., President and CEO of Casa Colina, Inc.



Sam Crowe, Chairman of the Board, Casa Colina, Inc., with Ed and Christine Cooley, parents of Sergeant Josh Cooley (center); and Bob Woodruff, ABC News Correspondent.



Captain Patrick Horan at the Pomona Rotary Art Auction with Petty Officer 1st Class Michael Baker and 1st Lt. Raymond Fleig.



Rick Todd, Pomona Rotary member and Event Co-Chair with Felice Loverso, Ph.D., President and CEO of Casa Colina, Inc.; Steve Halligan, Pomona Rotary member and Event Chairman; and Steve Graeber, Pomona Rotary member and Casa Colina Board member.

Grants for Programs and Pioneering Initiatives

Casa Colina thanks the grant-making foundations whose awards support ongoing treatment programs and pioneering initiatives that break new ground in the expertise and care of people with disabilities.

In February 2008, the UniHealth Foundation awarded Casa Colina a grant for a three-year, \$842,520 project that will investigate "Healthy Aging" among adults with intellectual and/or developmental disabilities. The grant will support a focused health and wellness promotion program at Casa Colina's Padua Village and track the effectiveness of health promotion practices among a large group of adults with disabilities, working with community partners Cedars Sinai Medical Center and L.A. Care Health Plan. The results will guide effective interventions to help people with disabilities age in healthy ways.

In April 2008, the California Community Foundation awarded a two-year grant of \$175,000 to Casa Colina for general operating support, focusing on the work of Children's Services, the Transitional Living Center and Adult Day Health Care. The grant supports ongoing

programs to help patients gain and maintain function, so they can successfully integrate into home and family life. Operating support grants from the Kenneth T. and Eileen L. Norris Foundation and the Carl E. Wynn Foundation have also been extremely valuable in helping Casa Colina maintain its core programs, such as Children's Services.

This is the second year of development of "Teen Scene," a new social- and life-skills program for teenagers with autism or related diagnoses. Thanks to a \$50,000 award from the Henry L. Guenther Foundation, the program held its first sessions this summer with much success.

This was also the final year of a previous grant from the UniHealth Foundation, which has supported the development and evaluation of the Physician Specialty Clinics, where 29 specialist physicians now offer 17 distinct clinics through Outpatient Services. The three-year grant brought \$359,027 to this innovative development effort. A report on the results of this grant will be available on Casa Colina's web site, www.casacolina.org in the near future.

Donors Make Casa Colina Strong

Casa Colina Foundation is grateful to the following individuals, families, foundations, and corporations. They understand our mission, and have chosen to support the needs of our patients and give them the opportunity to receive rehabilitative care. Some donate time to help bring a more personal touch to the challenges of rehabilitation. These 599 volunteers contributed a total of more than 22,100 hours of service in the last year across the entire spectrum of Casa Colina's campus. Many others have made financial contributions. Through these gifts received between April 2007 and March 2008, you have shown that Casa Colina has a dynamic support system to meet its commitment to excellence for our community's present and future rehabilitation needs. Your generosity has helped us expand our services, pursue innovative treatments, continue signature programs and provide charity care. Thank you for caring and support.

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Casa Colina appreciates every gift, large or small. The following individuals made donations of \$25 or more in the year April 2007 to March 2008. More than 600 others participated by purchasing raffle tickets or making donations of less than \$25.

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Kirk Jones
Mike Jones



Adriene Upton followed in the footsteps of her father and sister, both former volunteers, when she took their advice to volunteer at Casa Colina. In six months, she made her mark by assisting the Foundation with activities that ranged from registering event participants to helping solicit donors and sponsors. Adriene has always wanted to work with a non-profit, saying, “At the end of the day, you see the people who are helped and realize you’re participating in something much bigger than yourself. I feel valued as a volunteer. Dr. Loverso always makes a point of saying, ‘Hi!’”



Carmen Mexia, a former Casa Colina patient, personally experienced how essential hope is to recovery. She sees herself as a walking miracle. For the past two and a half years, she has used her volunteer work with Casa Colina Hospital's patient library to “plant a seed of hope” whenever she delivers books and magazines to their rooms. Carmen says, “It blesses me to be able to share with others who can identify with my experience that there is hope.”



After September 11th, Peter Papa felt a call to get out and help others. He saw volunteering at Casa Colina as a way to not only be helpful, but also as a venue to learn more about rehabilitation, which he became personally familiar with after sustaining a brain injury that was further complicated by a stroke. Peter assists physical therapists in the inpatient gym as they treat patients and helps staff with clean up and paperwork. After six years of volunteering, Peter says, “It wouldn’t be the same if I got paid. It wouldn’t be from the heart.”



Rod Rojas learned about Casa Colina through his prior employment as a health aide which led to his volunteer service in the Casa Colina Audiology Department over the past four years. Rod helps hospital patients get to their audiology appointments so the staff may spend more time with their patients. According to Rod, “Helping patients is one of my favorite parts of volunteering.”

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Jarod Behee
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We strive to keep accurate records. If there is an error or omission, please contact the Foundation office at 909/596-7733, ext. 2222.



Sylvia Nureddine discovered Casa Colina 18 years ago while searching for a local Alzheimer's Support Group for her mother. At that time, the closest group was at Casa Colina Adult Day Health Care Center and that became the place where Sylvia began her volunteer service. Throughout the years, Sylvia's volunteerism has taken many forms, including assisting with fundraising activities. Sylvia says, “Volunteering at Casa Colina helped me appreciate the qualities and endurance of people with disabilities, and what they can accomplish.”



Retired fireman Bruce Hoxsey joined Casa Colina's Outdoor Adventures program volunteer team 10 years ago. From the start, he helped out with chili cook-offs and harvest hoedowns. Then he started to volunteer on overnight outings and excursions, such as open ocean kayaking. During these trips, Bruce's appreciation of the participants matured as their abilities and great attitudes overshadowed their disabilities. Bruce says, “It's a great experience volunteering in Outdoor Adventures because you're helping people get 'normalcy' back into their lives.”

Tribute to Courage and Valor



Left to right:
Patricia Horan with husband, Captain Patrick Horan
1st Lt. Raymond Fleig with wife, Tiffany Fleig
Sergeant Josh Cooley, USMC, with mother and father, Christine and Ed Cooley



Honoree LTC Rocco Armonda, M.D.,
with daughter, Gabriella, and wife, Heidi Armonda.

This Tribute to Courage fundraising event was more than a black tie affair. It was a night to honor those in uniform. On Saturday, February 2, 2008, Casa Colina honored Lieutenant Colonel Rocco Armonda, M.D., and the young soldiers he treated who suffered traumatic brain injuries (TBI) during combat in Iraq and Afghanistan.

A West Point graduate, Dr. Armonda is the Director of Cerebrovascular Surgery and Interventional Neuroradiology at the Walter Reed Army Medical Center and the Bethesda National Naval Medical Center.

The ballroom at the Pacific Palms Conference Resort in Industry Hills once again set the stage for this very special evening where nearly 600 guests learned firsthand of this incredible doctor who risked his life to save his fellow soldiers – and the families, fellow physicians, and clinicians who in turn wanted to recognize Dr. Armonda for his courageousness. The hostess of ceremonies, actress Bonnie Hunt, helped tell their amazing stories of survival and healing which began on the front lines.



Rocco was the Commander of the 207th Neurosurgery Team, which was the only forward deployed neurology team in Iraq from 2003 to 2004. They were known as “207th Skullcrackers,” whose motto was “Neuro-Rescue on the Battlefield.”

This talented surgeon and physician, along with his skilled surgical team, helped save the lives of hundreds of courageous, wounded soldiers who endured catastrophic head injuries in combat. Dr. Rocco Armonda performed miraculous feats with swift action on the field.

The families of these soldiers reported time and again that Dr. Armonda’s concern for his patients did not end after surgery. He was there for them during their post-surgery, medical recovery and short- and long-term rehabilitation. Rocco was a warrior for his patients. He made sure they continued to receive the best possible care for their injuries, regardless of what or where that might be. He took a lead role in fostering cooperation between the government healthcare system and private rehabilitation providers, so his patients had the rehabilitation they desperately needed – when they needed it most.

More than anything, Rocco worked to restore the dignity of his patients. This is why Casa Colina chose him as its Tribute to Courage honoree. It was an honor that was clearly shared by everyone in attendance.

Casa Colina’s Chairman of the Board, Samuel Crowe and Congresswoman Grace Napolitano, expressed the gratitude of the state and nation for the troops’ service, and enthusiastically praised the strong working relationship that Casa Colina and the military medical system have developed to ensure wounded soldiers receive the care they need – especially for TBI, often referred to as the “signature injury” of the Iraq and Afghanistan wars.

The highlights of the evening came with the formal military ceremony in which Lieutenant Colonel



Armonda and Lieutenant Colonel Paul Swanson (US Marine Corps) recognized First Lieutenant Raymond Fleig and Sergeant

Joshua Cooley, two of Casa Colina’s patients, for their heroism and formally awarded their rank advancement.

Dr. Felice Loverso, President and CEO of Casa Colina, concluded this poignant evening by stating, “I know that each of us here are honored to have heard directly from Dr. Armonda, and from our soldiers and their family members, the story of their shared experiences and their determination to make the most of the precious lives brought home to us. This is what rehabilitation is all about.”

Casa Colina’s Tribute to Courage generated over \$450,000 in donations which will be used to benefit the programs and services of Casa Colina, including the residential facilities adjacent to Casa Colina’s 20-acre campus in Pomona that provide many soldiers and their families with “a home away from home” throughout the often lengthy rehabilitation process.

The success of this event would not have been possible without the help of Presenting Sponsor Neva Smith, daughter-in-law of Casa Colina’s founder Frances Eleanor Smith; and Major Sponsors, Noble House Entertainment; Mary Lou Jensen; Patton Sales Corp.; the Royal Canadian Legion; Alton & Shirley Perkins; Casa Colina Surgery Center; Disney Worldwide Outreach; Rotary Club of Pomona; Prime Healthcare Services, Inc.; the Pat and Mark Warren Family Foundation; and Voyager Classics.



Nearly 600 guests attended Casa Colina’s hallmark event.



Left: LTC Rocco Armonda, M.D., addresses the guests, many of whom were military personnel.



Right: A new triathlon bike was presented to Dr. Armonda who also trains for Ironman-distance races.



Felice Loverso, Ph.D., President and CEO of Casa Colina, Inc., with LTC Rocco Armonda, M.D., and David Patterson, M.D., Medical Director of Casa Colina Hospital.



Left: Gloria Negrete McLeod, California Senate District 32



Right: Grace Napolitano, U.S. Congress, representing California’s 38th District



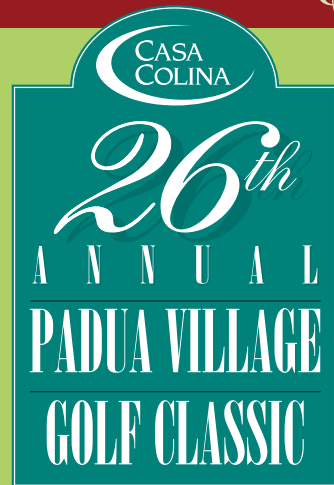
The color guard included both the Army’s California State Honor Guard and the November Battery, 5th Battalion, 14th Marines. Here they perform a moving ceremony, folding a flag to present to Bonnie Hunt.



Left: Jenny Briest, pictured with husband, Sergeant Corey Briest and family from South Dakota.



Right: Hostess and actress Bonnie Hunt with Captain Patrick Horan.



**Monday, April 28, 2008
at Red Hill Country Club
in Rancho Cucamonga**

Founding Sponsor

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185 golfers and 265 additional evening guests attended to show support for Casa Colina and its Padua Village Homes. Thanks to Armstrong Garden Center and Committee Co-chairs and Board members John Rountree and Bill Dwyre.



Left to right:
Celebrity guests Ralph Lawler and Mike Dunleavy with Event Co-Chair and Board member Bill Dwyre.



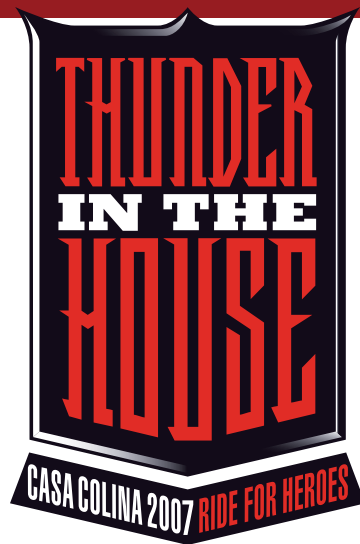
SEI Investments representative Steve Bomberger presents a sponsorship check to Felice Loverso, Ph.D., President and CEO of Casa Colina, Inc.



Another sponsorship check was presented by Hidden Villa Ranch CFO Don Lawson to Felice Loverso, Ph.D., President and CEO of Casa Colina, Inc.



Celebrity guest Jonathan Canter, with Co-Chair and Board member Bill Dwyre and celebrity guest Alex O'Brien.



**Sunday, October 28, 2007
at Casa Colina in Pomona**

Major Sponsors

Asbestos Workers
Union Local 5
JB Specialty Contractor
Majestic Realty Foundation
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Surgery Center
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Over 650 motorcycle enthusiasts attended to show their support and raise funds for Casa Colina and its Wounded Warrior Program. Co-hosted by the Pomona Valley HOG Chapter.

Special thanks to Cameron and Sue Nelson, Bill Hartley and Fred Berger, Reno Jones Band, ThundHerStruck, Tustin Color Guard American Legion Post 227, Jerome Andrews, and Toady Foster of KFRG 95.1.



Left to right:
Tustin Color Guard American Legion Post 227 members included Walt Sullens, Ivan Bishop, Robert Ammann, Charles Johnson and Sherry Ritter.



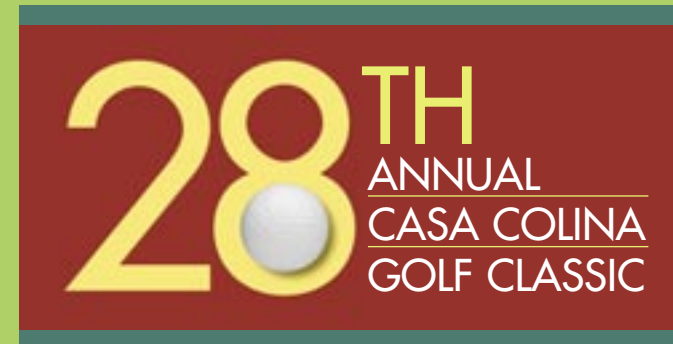
Pomona Valley HOG member and Committee Co-chair Bill Hartley with Felice Loverso, Ph.D., President and CEO of Casa Colina, Inc., and Pomona Valley HOG member and Committee Chairman, Cameron Nelson.



Long-time event supporters, the Reno Jones Band, shared the stage with ThundHerStruck and provided fabulous entertainment.



Over 650 motorcycle enthusiasts showed their support by participating in many event activities.



**Monday, November 12, 2007
at South Hills Country Club in West Covina**

Major Sponsors

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Petronix
SEI Investments

124 golfers and 147 dinner guests joined to raise funds for Casa Colina and its Outdoor Adventures program. Special thanks to Committee Chairman Bill Haaker.



Cocktail hour prior to the dinner program on the South Hills Country Club patio.



Left to right:
Outdoor Adventures participants and honorees Andrew Mezen, Roxanne Ojeda, and Vanessa Sapien during the dinner program.



Event Chairman Bill Haaker pictured with Anne Johnson, Director of Outdoor Adventures; Felice Loverso, Ph.D., President and CEO of Casa Colina, Inc.; Committee and Board member Randy Blackman; and Board member Steve Norin.



Event Chairman Bill Haaker with Felice Loverso, Ph.D., President and CEO of Casa Colina, Inc.



Saturday, June 28, 2008 at Casa Colina Children's Services in Pomona

Major Sponsors

Don & Marilyn Driftmier
Octicon, Inc.
Physicians of Casa Colina
Surgery Center



Cindy Sendor, Director of Casa Colina Children's Services, with Zeidman family members Hindi and Oliver with Felice Loverso, Ph.D., President and CEO of Casa Colina, Inc., and 2008 Friend of the Children Award Recipient Paula Zeidman.

Casa Colina's annual Friend of the Children Award was presented to Paula Zeidman in memory of her late husband and Casa Colina Board member, Jake Zeidman. 220 people attended the family-friendly event to show their support of Casa Colina Children's Services. Special thanks to the Disney Corporation.



Saturday & Sunday, March 15 & 16, 2008 at Harvey Mudd College in Claremont

213 individuals, teachers, educators, and clinicians attended the conference designed by Margaret Bauman, M.D., nationally renowned expert in the field of autism, and physician specialist at Casa Colina Children's Services.



Front row: Arthur Beaudet, M.D., Susanne Smith Roley, MS, OTR/L, FAOTA, James Riviello, Jr., M.D.
Back row: Louis Vismara, M.D., Margaret Bauman, M.D., Tim Buie, M.D., Ph.D., Scott McLeod, Ph.D.

A panel of 12 physician specialists, therapists and autism experts presented the latest clinical developments, real life experiences, challenges, and recent achievements in the field of autism.



Temple Grandin, Ph.D., presented her own experience of living with autism spectrum disorder.

**Dr. S. Jerome and Judith D. Tamkin Outpatient Center
More State-of-the-Art Equipment**

The newest piece of equipment added to the Outpatient Center is certain to help those with Parkinson's disease, traumatic brain injury, stroke, or joint replacements.



It is the Biodex Treadmill System, which allows patients with walking issues to remove a percentage of their body weight to allow supported or harnessed walking. With the patient's weight suspended, it is much easier to reintroduce correct motor patterns to retrain the motor and nervous system to walk appropriately.

The Adaptive Driver Program has a new van specially designed for quadriplegics and others who cannot do car transfers due to decreased mobility. This vehicle, which was generously donated to Casa Colina, allows ramp access. It is equipped with a long list of adaptive features, including controls and a steering knob that can be placed on either side (depending on a driver's level of impairment in each arm), 50% reduced-effort steering to compensate for upper extremity weakness, and adaptive mirrors for decreased cervical range of motion (ability to turn one's neck). It is also outfitted with adaptive secondary controls for lights and wipers, and an instructor's brake and an engine kill switch for safety.



The new van is a valuable educational tool that will allow Casa Colina to better meet the needs of the quadriplegic population, as well as other individuals who require adaptive equipment. This program still has the use of an adaptive car, which has a crossover gas pedal, so individuals can drive with their left foot if needed, as well as hand controls for those with decreased lower extremities function. This car also allows one-handed steering. Both vehicles open up a whole new world of independence for Casa Colina's clients.

The new Orthopedic Physical Therapy Residency program was developed specifically for physical therapy residents interested in orthopedics. Students are asked to submit an application and complete a rigorous interview that includes a live patient exam. The program provides

an additional year of intense mentorship in the treatment of patients with orthopedic impairments and is designed to prepare residents to sit for the American Physical Therapy Association Board.

The Tamkin Outpatient Center serves individuals who have the potential to overcome or better manage physical disabilities by receiving specialized medical care or rehabilitation services in an outpatient setting.



Transitional Living Center

Leading the Way With Research and Outcomes

The Transitional Living Center (TLC) continues to participate with other regional programs in the Brain Injury Outcome Study, which is now using IT Health Track to analyze and publish this important outcome data. There is a strong desire to increase participation from similar programs around the country and create more awareness about brain and spinal cord injuries throughout the medical and rehabilitation communities. With these goals in mind, a clinical presentation was recently given at the Medical Speech/Language Pathology Council of California and the California Children's Service Conference. Another presentation will be made late 2008 at the Medical Speech/Language Pathology Council of California in San Francisco.

TLC plays a major role in helping individuals with brain injury, stroke, or spinal cord injury transition from inpatient rehabilitation to a homelike setting. It is a significant part of Casa Colina's Brain Injury and Spinal Cord Injury Programs and a truly unique example of the scope of Casa Colina's continuum of care.

The Transitional Living Center helps individuals with traumatic brain injuries, spinal cord injuries or other neurological traumas further their rehabilitation goals in a 38-bed, short-term residential setting. Six hours of individual or group therapy are provided 6 days a week. A day treatment program is also offered.

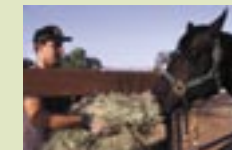


**Casa Colina at Apple Valley
& Casa Colina at Rancho Piño Verde**

Making Room for More Clients

The high desert program completed its fifth expansion since 1999 with Casa Colina at Apple Valley's 11-bed addition and construction of a large recreation room in March 2008. This facility now has 42 beds. The Apple Valley program reserved all 11 beds during construction and new clients moved in within 30 days of opening the new wing. When combined with Casa Colina at Rancho Piño Verde, Casa Colina now offers 76 long-term residential beds for brain-injured adults.

Clients enjoy a variety of activities, including local restaurants, movie theatres, shopping, water aerobics, concerts in the park, Tai Chi classes, and classes at Victor Valley Community College. Rancho Piño Verde welcomed two additional horses to its corral to join its existing herd of a horse, llamas, and emus. Both programs continue to utilize medical and therapeutic services in the high desert and at the Casa Colina campus in Pomona. Both Casa Colina at Apple Valley and Casa Colina at Rancho Piño Verde completed annual surveys and received excellent results with no deficiencies from the Department of Social Services.



These residential programs serve individuals with traumatic brain injuries who require long-term care and supervision in a residential setting.



**A. Gary Anderson Family Children's Services Center
Speaking Volumes**

Children's Services' speech pathologists have excelled in two new areas, providing their valuable input off campus and into the community. Under a new contract for speech/language pathology services for LeRoy Haynes Education Center, they currently evaluate and treat students with autism and other speech and language disorders. In the near future, staff also hopes to add occupational therapy services for these students. In addition, Children's Services' speech pathologists have collaborated with Casa Colina's occupational therapy team to develop an Assistive Technology program to help patients of all ages, from children to seniors, improve communication through the use of a variety of technological devices. This begins with augmentative communication assessments, which are performed by the speech pathology team.



Children's Services provides care to infants and children with physical and developmental disabilities up to age 15 who would benefit by receiving comprehensive outpatient rehabilitation services.

**Helen A. Kellner Adult Day Health Care Center
Participants Win Awards**

The Adult Day Healthcare Center (ADHC) plays a vital role for clients and their loved ones, as well as members of the community, by offering customized care plans for those who need daily assistance, supervision and stimulation. The program serves up to 75 participants from Casa Colina, the Transitional Living Center, and the community.

Teachers from the Pomona Adult School provide participants with learning in the structured day program with emphasis on strengths and abilities. Several participants entered items at the L.A. County Fair and won many ribbons. ADHC also participated in "The Giving Tree" to help displaced families get back on their feet by providing them with personal items, back packs and school supplies year round.

The Adult Day Health Care Center serves adults with developmental disabilities, brain injuries, Alzheimer's, or dementia who require supervised care during the day.



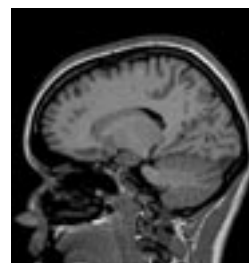
Casa Colina Kittell Imaging Center

Ready to Help More Women

The Casa Colina Kittell Imaging Center now has the latest full field digital mammography equipment. The images are evaluated with CAD (computer aided detection) software prior to the formal reading by a board-certified radiologist. The CAD software aides in the detection of subtle malignancy. Since these diagnostic tests are digital, images may be viewed by the patient's physician over the Internet using the center's software, or may be sent home with the patient on film or CD. Most mammography testing can be scheduled within one week.

Timely appointments are available for all types of ultrasound including abdomen, pelvis, obstetric, breast, musculoskeletal and vascular studies. The center's interventional radiologist reviews the exams quickly and, with the exception of biopsies, test results are typically available on the same day. So there is typically no need to wait anxiously for another appointment – or delay any necessary treatment.

The Casa Colina Imaging Center is accredited by the American College of Radiology in Magnetic Resonance



Imaging (MRI), ultrasound, and mammography, and will soon be fully accredited for Computerized Tomography (CT). All imaging technicians are fully certified and an onsite radiologist closely supervises the work.

The Kittell Imaging Center serves Casa Colina patients as well as individuals from the local community who are in need of advanced diagnostic imaging services.

Outdoor Adventures

Thankful for Volunteers

It takes the help of a lot of volunteers to put on over 175 days of therapeutic activities each year, including



40 days for the After School Activities Program (ASAP). Outdoor Adventures and its participants were supported by more than 250 volunteers who donated more 9,000 hours of their time to assist with the Outdoor Adventures trips, ASAP and the Casa Colina Hospital Recreation Program. The 14th Land Meets Sea Sports Camp welcomed 135 campers and over 100 volunteers in August 2008. The Outdoor Adventures staff successfully completed their Wilderness First Responder Re-Certification, which ensures leadership abilities and safety skills in the field.

Outdoor Adventures serves adults and children with a broad range of cognitive and physical disabilities who want to discover their abilities in a challenging and fun environment.



Padua Village Homes

Enjoying New Adventures

The residents of Padua Village enjoyed trips to Disneyland in May and June 2008. This spectacular outing was made possible by the 26th Padua Village Golf Classic held at Red Hills Country Club on April 28, 2008. All residents attended this event and were presented with Disneyland and California Adventure passes as well as passes to the L.A. County Fair.

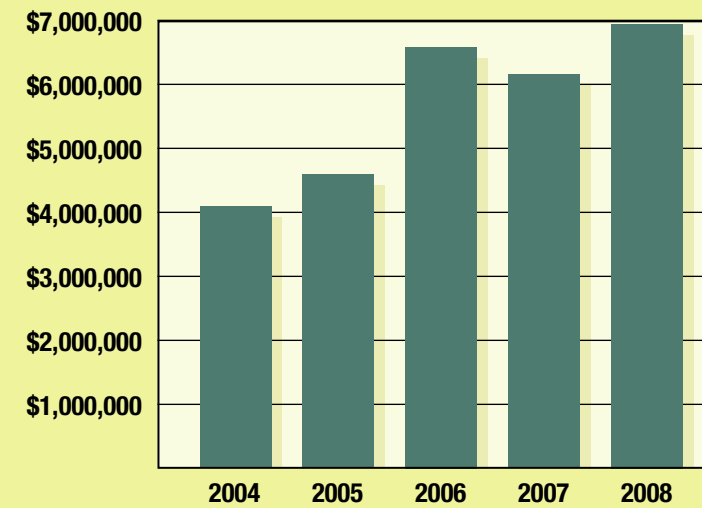
Many residents remain actively involved in the Outdoor Adventures program by participating in activities such as whale watching, rock climbing, skiing, kayaking, camping, day hikes, and trips to Hawaii and the Grand Canyon.

These residential facilities serve adults with developmental disabilities who require supervised residential living.

Casa Colina's Operational Performance

Earnings from Operations*

(Excluding Foundation)



*Earnings before interest, depreciation and joint venture

Casa Colina Operating Entities Financial Performance (Unaudited)

Revenues	2008	2007
Gross patient and other services	\$69,502,000	\$64,159,000
Other operating revenue and transfers from Foundation	3,073,000	2,747,000
Total Revenues	72,575,000	66,906,000
Deductions		
Contractuals/uncompensated care	24,840,000	21,829,000
Bad debts	1,212,000	998,000
Total Deductions	26,052,000	22,827,000
Revenue Less Deductions	46,523,000	44,079,000
Operating Expenses		
Salaries and benefits	28,980,000	27,199,000
Other expenses	10,605,000	10,481,000
Total Operating Expenses	39,585,000	37,680,000
Net Income from Operations Prior to Depreciation, Interest and Joint Venture	\$6,938,000	\$6,399,000

Casa Colina Balance Sheets

(Unaudited/Consolidated)

March 31, 2008 and 2007

Assets	2008	2007
Current assets	\$17,729,000	\$12,627,000
Investments	49,478,000	57,217,000
Assets limited as to use	22,183,000	23,821,000
Property and equipment	59,478,000	60,496,000
Other assets	1,786,000	2,087,000
Total Assets	\$150,654,000	\$156,248,000
Liabilities and Net Assets		
Current liabilities	\$11,601,000	\$8,736,000
Long-term debt and other liabilities	50,730,000	55,794,000
Unrestricted and restricted net assets	88,323,000	91,718,000
Total Liabilities and Net Assets	\$150,654,000	\$156,248,000

Casa Colina Foundation and Subsidiary Statement of Activities (Unaudited)

Revenues	2008	2007
Investments and other	\$13,506,000	\$6,748,000
Donations and special events	1,887,000	1,944,000
Total Revenues	15,393,000	8,692,000
Expenses and Transfers		
Salaries and benefits	1,374,000	1,308,000
Other expenses, transfers to affiliates and restricted funds	4,611,000	4,576,000
Total Expenses and Transfers	5,985,000	5,884,000
Foundation Revenues in Excess of Expenses Prior to Depreciation and Interest	\$9,408,000	\$2,808,000

Mark Your Calendar

8th Trends in Autism Conference
March 14 & 15, 2009
at Harvey Mudd College

27th Padua Village Golf Classic
Monday, April 27, 2009
at Red Hill Country Club

3rd Walk & Roll for Casa's Kids
Saturday, June 20, 2009
at Casa Colina

30th Casa Colina Golf Classic
Monday, November 9, 2009
at South Hills Country Club



Contact Us

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Casa Colina Hospital – Ext. 3000

Children's Services – Ext. 4200

Corporate Offices – Ext. 2300

Foundation – Ext. 2222

Human Resources – Ext. 2150

Imaging Center – Ext. 4541

Job Line – 909/450-0314

Outdoor Adventures – Ext. 2216

Outpatient Rehabilitation – Ext. 3500

Padua Village – Ext. 4400

Physician's Clinics – Ext. 3800

Transitional Living – Ext. 4100

Casa Colina at Rancho Piño Verde
11981 Midway Avenue, Lucerne Valley, CA 92356
760/248-6245

Casa Colina at Apple Valley
22200 Highway 18, Apple Valley, CA 92307
760/247-7711

Casa Colina Azusa Center (Opening Fall 2008)
910 E. Alost Avenue, Azusa, CA 91702-2709
626/334-8735



keystone

A Publication of Casa Colina Centers for Rehabilitation Foundation

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