

# Specialized Instruction Program

A Customized Program to Help Children Thrive  
in the Home and Community

The Specialized Instruction Program at the Casa Colina Children's Services Center is an early intervention program that helps children with developmental disabilities to build gross-motor, fine-motor, language, critical thinking, and social-emotional regulation skills. The program offers a broad range of treatments that may be integrated into our other Early Intervention services. All therapies are led by trained Child Therapy Instructors, with instruction taking place in the home or onsite at the Children's Services Center.



The Specialized Instruction Program is goal-oriented and cultivated in a learning-rich environment. The program's overarching goal is to introduce influential therapeutic activities to parents of children with developmental disabilities that can be implemented in the home and community. Specialized instruction participants work with their instructors on:



- ◆ Critical thinking
- ◆ Working 1:1
- ◆ Self-regulation
- ◆ Imaginary play
- ◆ Taking direction from an adult
- ◆ Exposure to sensory activities
- ◆ Communication
- ◆ Joint attention on tasks
- ◆ Cognitive skill-building
- ◆ Building rapport
- ◆ Participation
- ◆ Socialization

This program is funded by Regional Center. For more information,  
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